Tips for Problem Solving

Problem-Solving is very important! If we can teach our children to problem-solve, they will be able to meet future issues head-on and develop viable solutions.

5 Easy Problem-Solving Steps:

- Identify the problem.
- Consider possible solutions.
- Think about the consequences of each solution.
- Think about what is important to you (your values).
- Decide (okay, okay…deciding may not be so easy all the time, but when you think about what is important to you it helps.)