



Websites and Links with helpful information for parents

Safety and Bullying Resources:

Safely Ever After

This is a non-fearful safety programs for parents & kids. This site provides tips on keeping children safe that goes beyond “Stranger Danger”.

National Association to Advance Fat Acceptance (NAAFA)

Overweight students are often picked on and rejected, especially if they lack social skills. NAAFA is a nonprofit human rights organization working since 1969 to eliminate discrimination based on body size.

Stop Bullying Now!

This website presents practical research-based strategies to reduce bullying in schools. The links on this site will lead you through an exploration of interventions that work to reduce bullying in schools.

Physical, Emotional and Mental Health Resources:

Medicine Net

Resource of information about mental health issues. Includes articles such as Letting the Steam Out of Self-Esteem, Emotional Wellness, and more. Also provides a search tool to help find therapists, counselors, psychologists, and psychiatrists in your area.

KidsHealth

KidsHealth, which claims to be the web’s most visited site about children’s health issues has webpages for parents, for children, and for teens. Excellent resource for teachers, too!

Kids Mental Health

This site provides information on various mental health issues.

Special Needs Resources:

LD OnLine

The leading website on learning disabilities for parents, teachers, and other professionals.

LD OnLine Article explaining ADD/ADHD

“Teaching Children with Attention Deficit/Hyperactivity Disorder”

ADD/ADHD Parenting Tips

This site is focused on helping children and teens with Attention Deficit Disorder.

Oppositional Defiant Disorder information

Are you wondering if your child is ODD? Here is some information to help you understand this disorder.

Other Resources:

Career Exploration:

This website offers games and videos regarding career exploration for grades K-5. There are also resources for parents.