



## What does the School Counselor do at Bowman Primary?

The School Counselor is here to help students with:

- Building social skills
- Setting goals and decision making
- Feeling good about one's self
- Managing feelings (stress, worry, anger, etc.)
- Dealing with family issues
- Bullying and conflict resolution

Services Provided:

- Classroom Presentations
- Group Counseling (divorce, social skills, study skills, etc.)
- Brief Solution-Focused Counseling
  - \*Please note school counselors do not provide “therapy” or “traditional counseling”.
- Parent Consultations
- Community Resource Referrals
  - \*Referrals for outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns. Please contact Mrs. Jones for more information regarding available community resources.

Career Awareness:

Past Career Programs include:

- 1<sup>st</sup> Grade Community Readers
- 2<sup>nd</sup> Grade Art Models
- Vehicle Day

Special Visitors:

Past Special Visitors include:

- 1<sup>st</sup> Grade = Brian Burger (wheelchair challenges)
- 2<sup>nd</sup> Grade = Wanda Owens (challenges of blind community)
- Ronald McDonald = 1<sup>st</sup> grade

Kindergarten Visits

4 visits each year (November, January, March, May)

Purpose: to highlight important topics and to help with transition to 1<sup>st</sup> Grade)

Chairperson of the CARE Team which manages:

- AMIGOS Mentoring
- Community Outreach
- Christmas Caring
- Teen Tutors from LHS
- Neediest Kids of All

RTIs (Response to Intervention) and 504 Plans

If you have questions about the counseling program at Bowman Primary School, please call Melissa Jones, 934.5808, or email her at [jones.melissa@lebabnonschools.org](mailto:jones.melissa@lebabnonschools.org).