

With Offer vs. Serve, students must select at least 3 of the 5 components and one of the components must be ½ cup of fruit or vegetable component for their tray for it to count as a reimbursable meal.

# OCTOBER | 2022

## Lebanon City Schools Berry Breakfast



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>3</b> Cereal Bar-29 Fruit Yogurt-20 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>4</b> Pork Sausage on Biscuit-25 Baked Apples-20 Choice of Fruit Juice-13-16 Choice of Milk 12-24</p>	<p><b>5</b> Breakfast Pizza-24 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>6</b> Bagel w/Cr. Cheese Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>7</b> Cinnamon Roll-41 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>
<p><b>10</b> Nutri-Grain Bar-29 Cheese Stick-0 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>11</b> Turkey Sausage Link-0 Toast-12 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>12</b> Cinnamon Cheese Stuffed Sticks-24 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>13</b> WG Cake Donut Holes-19 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>14</b> Apple Frudel-37 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>
<p><b>17</b> French Toast Bites-19 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>18</b> Choice of Cereal-24 Fresh Fruit- 20 Toast-12 Choice of Juice-13-16 Choice of Milk 12-24</p>	<p><b>19</b> Fruit Yogurt-20 Graham Goldfish-19 Choice of Juice-13-16 Choice of Fruit- 20 Choice of Milk 12-24</p>	<p><b>20</b> 0-Sausage on Biscuit-25 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>21</b> WG Bagel-45 Cheese Stick-0 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>
<p><b>24</b> WG Fruit Muffin-31 Choice of Fruit-20 Choice of Juice-13-16 Choice of Milk 12-24</p>	<p><b>25</b> Choice of Cereal-24 Graham Crackers-16 Choice of Juice-13-16 Choice of fruit-20 Choice of Milk 12-24</p>	<p><b>26</b> 35-Mini Maple Pancakes Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>27</b> Tony's Breakfast Pizza-25 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk-12-24</p>	<p><b>28</b> Nutri Grain Bars -29 Yogurt-20 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>
<p><b>31</b> Rich's Ultimate Cinnamon Breakfast Round-42 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>	<p><b>1</b> Cheese Omelet-1 Salsa-2 Choice of Fruit-20 English Muffin-23 Choice of Milk 12-24</p>	<p><b>2</b> Cup of Oatmeal-27 Raisins-31 Fruit Juice-14 12-Toast Choice of Milk 12-24</p>	<p><b>3</b> Pancake-13.6 Topped with Fruit-10 Choice of Juice-13-16 Choice of Milk 12-24</p>	<p><b>4</b> Fruit Yogurt -20 Nutri Grain Bar-29 Choice of Juice-13-16 Choice of Fruit-20 Choice of Milk 12-24</p>

### News

Breakfast is served every day. A variety of choices are available for ALL students, not just for those who qualify for free/reduced Breakfast Lunch Fresh fruits 100% Fruit/Vegetable Juice and vegetables are offered at all schools. Whole grain Bagels, Bread, Buns, Cookies, French Toast, Muffins, Pasta, Pizza Crust are used A choice of Skim, nonfat and/or 1% flavored and/or milk is served with each meal

**MEAL PRICING:**  
Breakfast Full Price \$1.40  
Reduced Breakfast Price \$0.30  
Milk Only \$0.70

Menus are subject to change due to availability of Food.

# OCTOBER | 2022



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31	1	2	3	4

