

OCTOBER | 2022

Lebanon City School Berry Intermediate Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Fish Sticks-22 Mac & Cheese-15 OR 33-PBJ/Yogurt-20 Green Beans-5 Coleslaw-17 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>4 14- Chicken Tenders Dinner Roll-15 OR Max Taco Wedges-30 Mash Sweet Potatoes-12 4-Popeye Salad/Dressing-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>5 Bake Rotini w/Beef Spaghetti Sauce -24 Breadstick-14 OR Chicken Fajita-37 Green Peas-12 4- Salad w/Ranch-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>6 27-Nachos w/Fiesta Beef-5 OR 15-Pulled BBQ Chicken on Bun-21 24-Black Bean & Salsa-6 Corn-12 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>7 Pizza-35 OR Turkey/Cheese Wrap-34 Marinara Sauce-6 Three Bean Salad-21 Choice of Fruit-20 Choice of Milk 12-24</p>
<p>10 Salisbury Steak-6 Dinner Roll-15 OR 12-Hot & Spicy Chicken on Bun-21 Mash Potatoes-17W/ Gravy-2 Glazed Carrots-8 Choice of Fruit-20 Choice of Milk-12-24</p>	<p>11 Chicken Nuggets-12 Cornbread Loaf-28 OR 16-Pretzel/Cheese-3/Yogurt-20 Au gratin Potatoes-24 Green Beans-5 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>12 1-Beef Patty on Bun-20 OR Grilled Cheese Sandwich-25 Baked Beans-13 6-Veggie Sticks/Dip-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>13 Cinnamon Fr. Toast-25 Syrup-31/Sausage-0 OR Ham/Cheese Wrap-21 Hash Brown Rounds-15 Wango Mango Juice-13 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>14 Baked Cheese Stick-30 OR 33-PBJ/Yogurt-20 Combo Marinara Sauce-6 Garden Salad-4 W/ Chickpeas-10 Choice of Fruit-20 Choice of Milk 12-24</p>
<p>17 1-Hot Dog on Bun-25 OR Grilled Cheese Sandwich-25 Tater Tots-16 Seasoned Carrots-8 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>18 Taco w/ Beef-32 OR 1-Grilled Chicken on Bun-21 Cheesy Refried Beans-25 4-Popeye Salad/Dressing-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>19 6-Chicken Patty On Bun-21 OR Turkey Ham & Cheese Pocket-31 Green Beans-5 Sweet Potato Fries-24 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>20 25-French Toast W/ Turkey Sausage Link-0 OR 16-Pretzel/Cheese-3 Yogurt-20 Hash Browns-29 Dragon Punch Juice-13 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>21 Choice of Pizza-35 OR 33-PBJ/Yogurt-20 Combo Marinara Sauce-6 Sweet Corn-12 Choice of Fruit-20 Choice of Milk 12-24</p>
<p>24 Cherry Blossom Chicken-27 over Brown Rice-31 OR Turkey Ham & Cheese Pocket-31 Stir Fry Vegetables-5 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>25 Mac & Cheese-30 Dinner Roll -15 OR 1-Hot Dog on Bun-25 Veggie Sticks-6 /Dip-2 Wango Mango Juice-13 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>26 Coney Hot Dog on Bun-21 OR 1-Hamburger on Bun-21 Baked Beans-13 6-Veggie Sticks/Dip-2 Choice of Fruit-20 Choice of Milk-12-24</p>	<p>27 18-Chicken Nuggets Dinner Roll-15 Or 10-Sloppy Joe On Bun-21 Mash Potatoes-12 4-Popeye Salad/Dressing-2 Choice of Fruit-20 Choice of Milk-12-24</p>	<p>28 Pizza-30 Or Ham/Cheese On Hawaiian Bun-27 Marinara Sauce-6 Sweet Corn-12 Choice of Fruit-20 Choice of Milk-12-24</p>
<p>31 1-Scrambled Eggs/Ham-1 Fruit Muffin-31 Or Chicken Quesadilla-37 Hash Browns-29 Dragon Punch Juice-13 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>1 15-Chili Beef & Beans over Spaghetti-41 Cheese-1 or 1-Hot Dog on Bun-25 Cucumber Slices-2 Broccoli Bites-5 W/Dip-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>2 Popcorn Chicken-14 Biscuit- 23 Or 16-Pretzel/Cheese-3 Yogurt-20 Mash Potatoes-12 Corn-12 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>3 27-Soft Taco w/ Beef-5 1-Cheese & Salsa-24 OR 33-PBJ/Yogurt-20 Refried Beans-23 Romaine Salad-3/ Dressing-2 Choice of Fruit-20 Choice of Milk 12-24</p>	<p>4 Choice of Pizza-40 OR 8-Meatloaf Patty on Bun-21 Marinara Sauce-6 Glazed Carrots-8 Choice of Fruit-20 Choice of Milk 12-24</p>

News

With Offer vs. Serve, students must select at least 3 of the 5 components and one of the components must be ½ cup of fruit or vegetable component for their tray for it to count as a reimbursable meal.

A choice of Skim, nonfat and/or 1% unflavored and/or flavored milk is served with each meal

MEAL PRICING:
Lunch Full Price \$2.80
Reduced Lunch Price \$0.40
Milk Only \$0.70

Menus are subject to change due to availability of Food

This institution is an equal opportunity provider