

### ASTHMA INFORMATION

**Student:** Name \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

**Parent:** Name \_\_\_\_\_ Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Emergency Contact and Phone # \_\_\_\_\_

**Physician's Name and Phone** \_\_\_\_\_

List known allergies: \_\_\_\_\_

How would you rate the severity of your child's asthma?

(Not Severe) 0 1 2 3 4 5 6 7 8 9 10 (Severe)

What triggers your child's asthma/wheezing?

Illness                       Molds                       Fatigue                      Other \_\_\_\_\_  
 Changes in temperatures    Sprays/odors            Animals  
 \_\_\_\_\_  
 Foods                               Stress/emotion            Pollens  
 Chalk dust                       Exercise                    Dust

What does your child do to relieve wheezing/asthma symptoms?

Breathing exercises            Drinks liquids                      Other \_\_\_\_\_  
 Rest/relaxation                    Medications (list below)

\_\_\_\_\_

Please list the medications your child takes for asthma and /or allergies (everyday and as needed).

Name of Medication	Dose	Frequency

Will your child require medication/inhaler during school hours?

\_\_\_\_\_ Yes\*    \_\_\_\_\_ No

**\*If Yes, a school medication form must be obtained & completed by the physician & parent.**

Does your child know how to use his/her inhaler/spacer? Yes \_\_\_\_\_ No \_\_\_\_\_

Does your child require any special considerations related to his/her asthma while at school?

Modified gym class            No Animals in classroom            Behavior/emotional concerns  
 Modified recess                    Avoidance of certain foods            Other \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/Guardian Completing form    Date