



Warriors,

We have worked diligently in recent weeks with guidance from State, County and District leaders to prepare a plan to re-open our high school facilities for athletic training beginning **Tuesday, June 2**. Our priority is and will continue to be the protection and safety of all participants. We will be meeting with our head coaches on Monday, June 1 to share specifics pertaining to social distancing, sharing of equipment, sanitizing, etc. Coaches will be in communication with high school athletes regarding upcoming schedules and locations of sessions. Junior high programs will not start until July.

Please review these [Return to Play](#) restrictions and act on appropriate items in preparation for a safe return.

1. It is required that all students returning to train have a COVID-19 Safe Return Waiver signed by a parent or guardian before participating. The Safe Return Waiver can be found at the end of this page or on the [8 to 18 website](#).
2. All students should self-assess at home, including temperature, and not attend if displaying symptoms of COVID-19. Participants will be asked to report and endorse “no symptoms” upon arrival. Any athlete or coach reporting or displaying symptoms will be asked to leave and not return for a minimum of 2 weeks or until a negative COVID-19 test is submitted. All athletes and coaches exposed to this person will also be asked not to return for the same time. If you do not feel well, **DO NOT ATTEND**.
3. It's required that students and coaches bring their own water bottles and face coverings.
4. It's recommended that students bring their own hand sanitizer and work out towels.
5. There will be access to restrooms but locker rooms will not be accessible.
6. Proper clothing (including shirts) must be worn during all training sessions both indoors and outdoors.
7. Students should follow the strict arrival, check-in, and departure logistics put in place by coaches at their specific training site.
8. Student athletes will clean and disinfect equipment after each use.
9. Facilities are not open to the public or for facility rentals. Facilities will only be opened for appropriately scheduled school-sanctioned activities. Facilities and equipment will be cleaned and disinfected between sessions.
10. Only two athletes will be allowed in the training room at a time. Training room access will be limited to athletes with injuries, medical emergencies, and wound care, with an ATC present. Athletic Trainers will NOT be able to provide in depth treatments, taping or rehabilitation at this time.

11. Refer to the recent [NFHS](#) and [OHSAA](#) releases for sport-specific safety guidelines that our coaches will adhere to including social distancing, sharing of equipment, sanitizing, etc. while students are on site.

If you're interested in joining the Warrior STACK strength and conditioning program, registration information can be found here: <https://www.thewarriorstack.com/>

NFHS Safe Return Recommendations:

<https://www.nfhs.org/media/3812287/2020-nfhs-guidance-for-opening-up-high-school-athletics-and-activities-nfhs-smac-may-15-2020-final.pdf>

OHSAA Summer 2020 Recommendations:

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/OHSAAGuidance2020.pdf>

Safe Return Waiver

<https://drive.google.com/open?id=1Kq7u9kXqg3NBjHYzLZy3-EduxTWIODR>

I'm excited to officially transition to Lebanon City Schools on July 1 and begin working full-time toward building a first-class student-athlete experience.

Thank You & Go Warriors!

Keith Pantling
Incoming Athletic Director